

# OBSTRUCTIVE SLEEP APNEA

## WHAT IS IT AND HOW TO SCREEN CLIENTS FOR IT

PRESENTED BY DR. PAULETTE PILLERSDORF

SPONSORED BY  SomnoMed

**Sunday, Dec 18th, 2022**

**2:00 PM - 4:00 PM**

**\$99 +HST (BLACK FRIDAY EXTENDED)**

**Maintain your professional portfolio**

**At least 8 hours of learning activities**

### Course Description

Obstructive sleep apnea (OSA) is quickly becoming a major public health concern, as it now affects 1 in 5 adults. At this time, most medical and dental offices do not routinely screen for this disorder. The goal of this course is to familiarize the participant with the pathophysiology of OSA, signs and symptoms that affect the client, and the consequences if it remains untreated. Most importantly, we will review how to screen clients for OSA, both extra orally and intra orally.

### Learning Objectives

One of the objectives of this program is to provide enough basic knowledge about OSA so that participants can converse confidently with clients about OSA and discuss and clarify questions that may arise.

However, the main objective of this course is to provide the participant with tools to start screening for OSA in their client population immediately after the completion of this program.



### Presenter

Dr. Paulette Pillersdorf attended the University of Toronto from 1972-1974 and graduated with a diploma in Dental Hygiene. From 1977-1978 she attended George Brown College, where she completed her certificate in Expanded Duties. She returned to the University of Toronto from 1981-1985, where she completed her Doctor of Dental Surgery degree. Because of her dental hygiene background, she won awards in pedodontics, periodontics and radiology while she was in dental school. After graduation Dr. Pillersdorf maintained her own private practice in Family & General Dentistry until 2017. She has been practicing dental sleep medicine since 2013 and is a member of the American Academy of Dental Sleep Medicine as well as the Canadian Academy of Clinical Sleep Disorders Disciplines.